

ICSD COVID 19 Procedures

Compiled by Principal Ray Whittier and adopted by ICSD nursing team and district admin team

(Please note: the following guidelines are in accordance with what we know about COVID as of August 13, 2020. These guidelines can change at any time. We will keep you informed if any changes to the following occur based on new information.)

If a child (including yours) or an adult show symptoms:

1. They are referred to the office to be screened by the school nurse or health room aide.
2. If the symptoms are consistent with COVID, the ill person will be sent home.

Once home:

1. Option 1: Visit a physician
 - a. Go to a doctor to be evaluated. If the doctor finds and will sign a letter stating that this is not COVID, the child can return to school once the symptoms are resolved and upon approval by the school nurse.
 - b. If the doctor finds that the child has COVID, see below*
2. Option 2: Have the child tested
 - a. Have the child tested at a testing site.
 - b. If positive, see below*
 - c. If negative, the child can return to school once the symptoms are resolved and has received approval by the school nurse.
3. Option 3: No testing, no physician:
 - a. Before returning to school, the child must meet all three of the following:
 - i. 10 calendar days have passed since symptoms first appeared.
 - ii. No fever for at least 24 hours without the use of medication.
 - iii. Other symptoms have improved.
 - iv. Approval of the school nurse.

If a child tests positive for COVID, the following criteria must be met before the child can return to school:

- 10 calendar days have passed since symptoms first appeared.
- No fever for at least 24 hours without the use of medication.
- Other symptoms have improved.
- Approval of the school nurse.

If a child has had significant exposure (was less than 6 ft from the person with a positive COVID test for 15 min or greater) to a confirmed case of COVID:

- The child must be quarantined for 14 days without exposure to others and closely monitored for COVID symptoms.
- If symptoms occur, see the three options listed above.
- Please note, an immediate COVID test near the beginning of the quarantine period when a child has no symptoms may not be valid by the school since the test results may not be conclusive due to the incubation period of the virus. An individual should only be tested if they are having symptoms.

- The child can return to school upon approval of the school nurse.